

THUNDER MOUNTAIN HIGH SCHOOL DAILY THUNDER



Friday, October 21, 2011

NOTE: REVISED BELL SCHEDULE FOR

Friday, 10/21/11

Zero Hour	8:00 to 9:05
Period 1	9:15 to 10:30
Period 2	10:35 to 11:50
Extension	11:55 to 12:25
Lunch	12:25 to 1:05
Period 3	1:10 to 2:25
Period 4	2:30 to 3:45
Period 7	3:50 to 4:55

Menu

Friday, 10/21/11

Breakfast

Sausage & Egg Biscuit
Fruit & Milk

Lunch

Italian Spaghetti w/Marinara Sauce
or Daily Choice of Cheeseburger,
Chicken Patty Sandwich, Fresh
Pizza or Entree Salad

UPCOMING EVENTS

October 21 - Friday
College Fair

October 22 - Saturday
Football Fundraiser Dinner &
Auction

October 23 - Sunday
Honor Festival at Craig

October 24 - Monday
Early Release Monday --
*Student are released one hour early
to allow for teacher collaboration*
Honor Festival at Craig

October 25 - Tuesday
VBall - JV & C vs JDHS at TMHS
Honor Festival at Craig

October 27 - Thursday
VBall - C, JV, & V vs JDHS at JDHS

October 28 - Friday
Swim/Dive Regions at TMHS
Allcomers VBall at TMHS

October 29 - Saturday
Swim/Dive Regions at TMHS
Allcomers VBall at TMHS

NEW NEWS

Students -- on Friday please park in the lot closest to the football field to allow parking room near the school for the College/Career Fair representatives. Thanks!

**2011 Juneau School District
High School College/Career Fair Schedule
Thunder Mountain High School Main Gym
Friday, October 21, 2011**

8:45 a.m. Registration and set-up
9:40 a.m. – 11:30 a.m. College Fair (JDHS/YK Students)
11:40 a.m. – 1:00 p.m. Catered Lunch at TMHS/Entertainment
1:10 p.m. – 3:40 p.m. College Fair (TMHS/Homeschool Students)
4:00 p.m. – 4:45 p.m. **CANCELLED** Juneau “Early Scholars” Reception
(Program for College-Bound Alaska Native Students)
5:00 p.m. – 6:00 p.m. Evening Session for parents and community
If you have questions, please contact Debbie Banaszak at 780-1964 or
debra_banaszak@jsd.k12.ak.us

MANDATORY CROSS COUNTRY MEETING THIS WEEK

Mandatory Cross Country meeting Friday, 10/21/11 at lunchtime in Mrs. May's room, Purple Wing, A102.

MANDATORY SOCCER MEETING

There will be a mandatory soccer meeting on Friday, 10/21/11, at lunchtime in the Counseling Office Conference Room. Pizza included.

Future Educators of America Meeting Friday

Please join us for FEA=Future Educators of America, meeting today, Friday, October 21st. Join us at lunch in Ms. Kriegmont's room (Red Wing, C-110) if you are interested in exploring a career in education.

YESTERDAY'S NEWS

PINK SLIPS ARE OUT AND DUE BACK BY TUESDAY, 10/25/11!

Pink Slips are out and due back to your coaches on Tuesday, 10/25/11. Activities/Clubs this involves are: Volleyball, Swim/Dive, Wrestling, and DDF.

TMHS Baseball Open Gym

The Field House has been reserved for these dates/times for the TMHS Baseball Open Gym: 10/29- 6:30-8:30; 11/5- 6:30-8:30 and 11/12- 6:30-8:30.

THUNDER MOUNTAIN HIGH SCHOOL

DAILY THUNDER



Page 2 of 2

October 21, 2011

October Bus Passes Available

CBJ October bus passes are available for purchase in the Attendance Office. The price is \$12.60. Please make your checks payable to CBJ or bring the correct cash amount.

The TMHS October Ethics Trait is Dependability

Do you value dependability in your friends, classmates, family, co-workers? How can you demonstrate dependability in your life? Why is this so important? Try to demonstrate your dependability in your classes, and point out to your teachers when you do!

Did you know? One in four Alaskans struggles with depression.

Students, please notice the posters in the halls on Depression Screening. You can go to a website or scan the QR code into a smart phone and take a private depression screen. If you have questions or concerns about depression in yourselves or others, please stop by the Teen Health Center. Only you can take the first step – we are here to help.

MORE OF YESTERDAY'S NEWS

Sports Physicals

Sports Physicals are available on Monday, October 27, 2011 from 2:00 to 4:00 p.m. at the **JDHS** Nurse's Office. TMHS students are welcome. Bring a check for \$25 made out to Mary Ellen Arvold and parental permission. Please make an appointment with Sandi Wagner (523-1580) or wagners@jsd.k12.ak.us. You may come without an appointment, but will have to wait for an opening.

United States Senate Youth Program Applications Due 10/28/11

Juniors and Seniors involved in student government are eligible to apply for the 50th Anniversary United States Senate Youth Program (USSYP) held in Washington, D.C. from March 3 - March 10. Applications are posted on the EED website at WWW.usenateyouth.org and are due Oct. 28, 2011. If you have questions please come by the Career Center.

WORKKEYS Testing - November 8th - Juniors & November 9th - Seniors (and Junior Makeups)

WORKKEYS test is Nov 8th for Juniors. All Juniors are required by the State of Alaska to take the test. WORKKEYS test Nov 9th for Seniors, (who will need to need to sign up in the Counseling Office), the 9th is also a make up test for Juniors who missed the Nov 8th test. The WorkKeys® assessment system is a comprehensive employability skills assessment tool designed by the American College Testing program (ACT) to help employers and individuals develop better workplace skills. WorkKeys® assessments match an individual's employability skills with the demands of a particular occupation.

Employability skills are those skills that an individual will need to be successful in the workplace. The fit between skills and the demands of the job has a direct impact on a person's ability to gain and retain employment. The Alaska Career Readiness Certificate provides a job seeker with a skill-based credential that enhances career potential. It shows an employer that you can handle the kinds of tasks that are common in today's workplace - locating information in a graphical format, reading instructions and directions, and working with math. You can find a practice test at: <http://www.act.org/workkeys/practice/?gclid=CKS8zveb6asCFRdUgwodamBgGwQuestions???> Contact Rosey Enderly 789-1968 or email at enderlyr@jsd.k12.ak.us.

It's never too early to be thinking about SCHOLARSHIPS!

Online Scholarships

Veterans of Foreign War (VFW) - Voice of democracy contest: The voice of Democracy is open to all students in grades 9 - 12. The VFW's "Voice of Democracy" Scholarship Contest is an annual nationwide audio essay competition. Application instructions are available online at: <http://www.vfw.org/Community/Voice-of-Democracy/>. The deadline for entry is midnight on Nov. 1, 2011.

2012 Prudential Spirit of Community Award: Open to all high school students. For details and applications visit them online at: <http://spirit.prudential.com/view/page/soc>. Applications are due Nov. 1, 2011.

The 2011-12 Siemens Competition in Math, Science & Technology is available on line at: www.siemens-foundation.org. The deadline for project submission is Monday, October 3, 2011. Please come by the career center for information.

Are you a Junior or Senior involved in student government? If so you are eligible to apply for the 50th Anniversary United States Senate Youth Program (USSYP) held in Washington, D.C. from March 3 - March 10. Applications for the 2011 - 2012 school year are posted on the EED website at www.usenateyouth.org. Applications are due Oct. 19, 2011. If you have questions please come by the Career Center.

Scholarships in Career Center:

2012 BP Process Technology Scholarship Program - Due Oct. 28.
Horatio Alger scholarship - due Oct. 30
Coca - Cola Scholarship - Due Oct 31
AAOA - Forrest Jones Memorial Scholarship - Due Nov. 15
Alaska Civil Liberties Union of Alaska Foundation (ACLU) Due Nov. 22