

**Juneau School District**  
**⚡ Activities Office ⚡**  
**Phone: (907) 780-1910 / Fax: (907) 780-1909**

**Student Activities Handbook**

The purpose of organized activities/athletics in the Juneau School District are to foster engagement in the school community and academic program, to help meet the leisure, recreational, social, and emotional interests and needs of students, and to provide opportunities for students to build desirable qualities of character. Participation in activities/athletics is a privilege extended to students who are willing to adhere to rules and policies governing such participation. As member schools of the Alaska School Activities Association (ASAA) and Region V, the rules and regulations of these organizations govern us. For Juneau School District policies and rules governing activities see Board Policy (BP) 1430.

**REQUIREMENTS TO PARTICIPATE**

**GRADE ELIGIBILITY**

1. There are 2 levels of eligibility.

**LEVEL I:**

Students must pass 5 classes the previous semester with a 2.0 GPA. Be enrolled in 5 classes and maintain a 2.0 GPA checked quarterly. Seniors who are on track to graduate (begin the year with 17.5 credits) and have passed all parts of the HSGQE need only 4 classes.

Academic Decathlon	DDF Team	Soccer
Baseball	Football	Softball
Basketball	Hockey	Swim/Dive
Cheerleading	Honor Music	Tennis
Close Up	Model UN	Track & Field
Cross Country	Robotics	Volleyball
Dance Team	Science Olympiad	Wrestling

**LEVEL II:**

Students must be enrolled in 4 classes. If travel or absence from class is required, student must meet level I eligibility requirements.

Alpine Club	Interact	Play Productions
Archery Club	Music Festival	Rifle
Art Club	NHS	Student Council
Auto Club	NOSB	Video Club
Broadcast Journalism	Peer Mediation	World Language
Home Builders Club	Pep Band	

2. Waiver request for student's not meeting grade eligibility requirements should be directed to the Activities Director.
3. **TRAVEL or ABSENCES:** In order to travel or be absent from class for an activity, students must maintain a minimum of a "C" grade in 5 classes. Seniors who are on track to graduate (begin the year with 17.5 credits) and have passed all parts of the HSGQE need only 4 classes. Grade checks are done with a bi-monthly pink slip. Pink slips come out on Thursday and are due to the coach or advisor the following Tuesday. **THEY WILL NOT BE ACCEPTED AFTER 8:00AM WEDNESDAY.** Check due dates on school calendar.

### **PARENT PERMISSION/MEDICAL RELEASE**

Students must have on file in the activity office a completed Extra-Curricular Participation Agreement form. This form gives permission to participate in activities and consent to emergency medical treatment. It must be signed by the student as well as the parent/guardian, and must contain accurate insurance information.

### **PARTICIPATION FEE**

Per school Board Regulations (1430R) students involved in activities must pay a participation fee. The fee will be established annually. The fee for the 09/10 school year has been waived.

### **PHYSICALS**

In order to participate in athletics, students must have a current physical (within the prior 12 months) on file in the activity office. Physicals can be done by a practicing physician, advance nurse practitioner, or physician's assistant. A student will not be permitted to participate in a practice session or represent the school in an athletic event until the physical is on file.

### **ATTENDANCE**

1. In order to practice or participate in an activity or athletics, a student must be in attendance a full day (all periods enrolled). Students with an aggravated tardy are considered absent. Events occurring on non-school days will require attendance for a full day on the last school day prior to the event. The Athletic Director may grant exceptions on a case-by-case basis for doctor appointments, funerals, or emergencies.
2. When traveling, students are expected to be in class until 1 hour prior to check-in and 1 hour after returning to Juneau. Check with the Activity Office for exact dismissal times and expected return times.

### **ATHLETICS**

1. Practice – All participants on athletic teams must have 10 separate days of physical practice prior to the first day of competition. In addition, if a participant misses more than 2 weeks of practice for whatever reason, additional practices will be required before returning to competition. (ASAA article 7 section 5).

2. College Eligibility – Students interested in participating in college Division I or II sport program must register with the NCAA Clearinghouse. It is the student’s responsibility to make sure he/she is eligible for participation. It is recommended that registration occur at the end of the junior year or fall of the senior year. To ensure eligibility, NCAA Division I or II worksheets are available in the Activities Office. For more detailed information and on-line registration contact the NCAA directly at [ncaa.clearinghouse.net](http://ncaa.clearinghouse.net).

### **ANTI-SUBSTANCE ABUSE RULES**

1. Students may not use, possess, or be under the influence of tobacco, alcohol, or non-prescription controlled substances at any time, including evenings, weekends and holidays. Students also may not possess drug paraphernalia and are expected to disassociate themselves from situations where alcohol or non-prescription controlled substances are being illegally used.
2. Students and parents must participate in a pre-participation orientation for the ASAA Tobacco, Alcohol, and Controlled Substance (TAD) program.

### **HAZING**

Hazing includes any act that endangers the health or safety of a person or subjects that person to physical discomfort or embarrassment because of the person’s participation or membership in, or as a condition of attaining or maintaining membership in or a position with or affiliation with, any classroom, grade level or school-sponsored activity. Hazing will not be tolerated under any circumstances. Any student who witnesses bullying or hazing is required to report it immediately to any supervising adult, parent, coach, administrator, or counselor. Students involved in the hazing or bullying of others are subject to discipline, up to and including expulsion. (Board Policy #5560)

### **HOUSING**

1. When traveling in Southeast Alaska, JSD students are housed with students from the host school. The host school makes all housing arrangements. Any housing request must be made with the host school prior to arrival. No housing changes will be made once the team has arrived.
2. Students are required to house students from other communities for home events. For more information on housing, ask the Activity Office or coach/advisor.

### **LETTER AWARDS**

There are 3 levels at which to receive an award, varsity, junior varsity, and participation. At the varsity level, a student receives a chenille letter, pin, bar, and certificate. At the junior varsity level, a student receives a pin, and certificate, and for participation a student receives a certificate. Chenille letters are given once in the high school career; pins are given once for each activity. Any lost or stolen letters or pins must be replaced at the student’s expense. Each activity/athletic has its own criteria to earn an award, check with individual coaches/advisors for details.

### **MISCELLANEOUS**

1. Activities/athletics for which participation is limited, or participation is determined by skill level, the decision as to who participates is vested in the coach or advisor based on fair and equitable written criteria.
2. A district-approved coach/advisor evaluation form (Form #1430C) is available to students, parents and community members through the Activities Office for providing input on coaches/advisors' performance.
3. The philosophy of the Juneau School District is that students be allowed to participate in a variety of activities. Advisors/coaches may not require or restrict attendance or participation in activities or events outside of their season.

### **TRAVEL REQUIREMENTS**

1. Students who travel as part of an organized activity/athletic are viewed as representatives of their high school and the Juneau School District and must conduct themselves accordingly. School rules shall apply to all students at all times while traveling. Students will be subject to disciplinary action for violation of travel guidelines and rules including curfews, housing assignments, and ferry policies, as well as for insubordination and violations of district and school policies or the law. Disciplinary action may include, a student being sent home at the parent's expense and restriction from further participation in organized and non-organized activities for the remainder of the season, or up to ninety calendar days not including summer break, depending on the severity of the infraction.
2. Students wishing to visit with friends or family while traveling must have written permission from their parent or legal guardian prior to leaving.
3. Students are required to travel both to and from events with the team or group. Exceptions will be made on a case-by-case basis with prior approval of the administration.