

# JDHS HOME NEWSLETTER

DECEMBER 2009 / JANUARY 2010

Juneau-Douglas High School

523-1501

[www.jsd.k12.ak.us/jdhs2](http://www.jsd.k12.ak.us/jdhs2)

## Contact Administrators

Please call our receptionist at  
523-1501.

Dr. Jim Kuhlmann, Principal  
Paula Casperson, Asst Principal  
Dale Staley, Asst Principal

## Contact Counselors

Erin DeLlamas 523-1551  
Barbara Conant 523-1557  
Frank Coenraad 523-1516  
Terri Calvin, Career Center...  
523-1606  
Karen Boddy, Admin Assistant...  
523-1613  
Dinah Hobson, Culture Specialist...  
523-1639  
Dee Greene, Registrar 523-1622

## Contact Activities

Sandi Wagner, Activities Director  
523-1580  
Cricket Curtain, Activities Assistant  
523-1614

## Contact Attendance

Gaye Willis, Attendance Clerk ...  
523-1623

## ADDRESS CHANGE?

Please contact Jennifer Knaggs in  
data entry with any address / phone  
number updates. 523-1601 or  
[Jennifer\\_knaggs@jsd.k12.ak.us](mailto:Jennifer_knaggs@jsd.k12.ak.us)

### \*Parents\*:

**Is your child going out for a sport this season? The Teen Health Center offers free sports physicals. Please call the Teen Health Center to schedule \*\_one month\_\* prior to tryouts and avoid the rush. Be ready to play, get your free sports physical today!**

## *From the Principal's Desk*

The idea that studying music and involvement in drama improves the intellect is not a new one. We know that student involvement in the fine arts affects school climate, student's relationships with teachers, and more significantly, connections between art learning and cognitive, social and personal development.

Student academic growth can be tracked into specific cognitive areas like creative thinking abilities, expressive abilities, and in social areas (about how children work together, how they work well with teachers) and personal areas, such as students' self-concepts, their confidence. Students that are involved in multiple fine arts activities take risks and they take chances in their learning community. They step forward and perform and express themselves.

More and more studies are viewing the fine arts as the catalyst for students to see themselves as good at something else besides the traditional subjects and it gives them a change to excel in different ways. I mention this information because during the month of December we enjoy the fruits of our Fine Arts programs at JDHS. For decades we at JDHS have enjoyed the gifts of our youth in the form of their instrumental and vocal performance, dramatic presentations, and artistic expressions. Please continue to support the Arts and come celebrate with us the exceptional talents and skills of our students.

Let's begin by looking forward to Evita. Our students will be rehearsing from December through February for the performances scheduled to begin on February 19. Like music, the art of dance and drama can strengthen and enhance a student's artistic expression and understanding of rhythm, movement and how the body interacts with sound and movement.

The JDHS Acting Company will go to the Drama, Debate, & Forensic meets in January and February. They are also planning a performance for the middle schools before the end of January and will perform one evening in January for the parents and community. The details of these performances will be outlined in future publications.

We certainly hope you took the opportunity to enjoy the Sound of the Season at the Governor's Open House, the Holiday Concert at JDHS, the jazz ensemble at the Nugget Mall, the Senior Dinner sponsored by the Coast Guard Chief Petty Officer's Association, or the pep band performances at the Capital City Classic.

We continue to appreciate your support of JDHS's Fine Arts programs and look forward to the next art exhibit in our commons, Evita in February, and the SE Music Festival hosted by JDHS on April 22 and 23.